

FASD RELATED RESOURCE LIST

Family Support

Living With FASD: A Guide for Parents. Graefe, S. ed. Society of Special Needs Adoptive Parents (SNAP). Purchase a copy by visiting www.snap.bc.ca or by telephone (604) 687-3114.

Living With Prenatal Drug Exposure: A Guide for Parents. Cowan, L. and Cameron, E., (2003). Society of Special Needs Adoptive Parents (SNAP). Purchase a copy by visiting their website: www.snap.bc.ca or by telephone (604) 687-3114.

The Broken Cord. Dorris, M. (1989). Harper Collins & Row. (available at most public libraries and book stores)

Fantastic Antone Succeeds: Experiences in Education Children with FAS. Kleinfeld, J. & Westcott, S. (1993). University of Alaska Press.

Fetal Alcohol Syndrome: Strategies for Professionals. Malbin, D. (1993). Hazelden. (available for purchase from the FAS Bookshelf)

Trying Differently Rather Than Harder. Malbin, D. (2002). Hazelden. Order Form Available: http://www.fascets.org/market_place.html

Trying Differently: A Guide for Daily Living and Working with FAS and other Brain Differences. 3rd Edition. Fetal Alcohol Syndrome Society Yukon (FASSY). (2005). FASSY, Box 31396 Whitehorse, Yukon Y1A 6K8, 1-867-393-4948 or email fascap@yknet.yk.ca.

FAS Tool Kit. Canadian Centre on Substance Abuse. Available Online: <http://www.ccsa.ca/toolkit/introduction.htm>

Let's talk FASD: Parent Driven Best Practice Strategies in Caring for Children and Adults with FASD (2005). Victorian Order of Nurses VON Canada. Available Online: http://www.von.ca/FASD/fasdtool_fullproof2.pdf

Fetal Alcohol Syndrome: A Guide for Families and Communities. Streissguth, A. (1997). Paul Brookes, <http://depts.washington.edu/fadu/>

FASD: Strategies Not Solutions. A strategies booklet to educate caregivers and the community in managing the behaviours associated with FASD; Region 6 FASD Committee, Alberta. Available Online: http://www.acbr.com/fas/strategies_not_solutions.pdf

The Saskatchewan Fetal Alcohol Support Network FASD Tips Series. Some tip sheets are available online: <http://www.skfasnetwork.ca/tips.htm>, others can be obtained by contacting the SKFASN, toll free: 1-866-673-3276 or local (306) 975-0884.

State of Evidence Review: Interventions for children and youth with FASD (2004). Alberta Children and Family Report. Available Online: <http://www.research4children.org/public/data/documents/FASDReportFINALdoc.doc>

Damaged Angels: a mother discovers the terrible cost of alcohol in pregnancy, by Bonnie Buxton (2004). Knopf Canada. (available at most public libraries and bookstores).

FASD RELATED RESOURCE LIST

Prevention

Fetal Alcohol Syndrome Prevention in Washington State: Evidence of Success, by Susan Astley. Paediatric and Perinatal Epidemiology (2004). Available Online: <http://depts.washington.edu/fasdpn/pdfs/success.pdf>

Substance Abuse Related Special Needs in Canada: Best Practices for Prevention. Centre for Excellence for Children and Adolescents with Special Needs. Substance Abuse Task Force: University of Northern British Columbia (2003). Available Online: http://www.unbc.ca/centreca/english/publications/substance_abuse_related_special_needs.pdf

Mother and Child Reunion: Preventing Fetal Alcohol Spectrum Disorder by Promoting Women's Health. BC Centre for Excellence for Women's Health, Policy Series. Available Online: http://www.bccewh.bc.ca/policy_briefs/FAS_Brief/FAS%20briefv6.pdf

State of Evidence Review: FASD Prevention (2004), Alberta Children and Family Report. Available Online: <http://www.uleth.ca/man/research/centres/csrsm/research/deshpande-fasd-report.pdf>

Nurturing Change: Working effectively with high risk women and affected children to prevent and reduce harms associated with FASD (2004). Mothercraft/Breaking the Cycle and Canadian Centre for Substance Abuse, ON. Available Online: http://www.mothercraft.ca/database/projects_publications/Nurturing%20Change%20Final-GR1.pdf

Diagnosis

Fetal Alcohol Spectrum Disorder: Canadian Guidelines for Diagnosis. Chudley, A., Conry J., Cook, J., Loock C., Rosales T., & LeBlanc N. (March 1, 2005). Canadian Medical Association Journal. Available Online: http://www.cmaj.ca/cgi/reprint/172/5_suppl/S1

Fetal Alcohol Syndrome: Diagnosis, Epidemiology, Prevention and Treatment. Stratton, K. et. al. (eds.). (1996). National Academy Press. Online Book: <http://www.nap.edu/books/0309052920/html/index.html>

Fetal Alcohol Spectrum Disorders: The 4 Digit Diagnostic Code; Third Edition; 2004 University of Washington FASDPN. Available Online: <http://depts.washington.edu/fasdpn/pdfs/guide2004.pdf>

Policy & Community Development

Community Action Guide: Working together for the prevention of Fetal Alcohol Syndrome. BCFAS Resource Society / BC Ministry for Children and Families (1998).

BC Government. *Fetal Alcohol Spectrum Disorder: A Strategic Plan for British Columbia (2003-2004)*. Available Online: http://www.mcf.gov.bc.ca/fasd/pdf/fasd_strategic_plan-final.pdf

Health Canada. *Fetal Alcohol Spectrum Disorder: A Framework for Action*. (2003). Available Online: http://www.phac-aspc.gc.ca/dca-dea/publications/pdf/fasd-etcaf_e.pdf

FASD RELATED RESOURCE LIST

Older FASD

Fantastic Antone Grows Up: Adolescents and Adults with Fetal Alcohol Syndrome. Kleinfeld, J. (2000). University of Alaska Press.

The Challenge of Fetal Alcohol Syndrome: Overcoming Secondary Disabilities. Streissguth, A. (1997). University of Washington Press, <http://depts.washington.edu/fadu/>

Secondary Disabilities Among Adults with Fetal Alcohol Spectrum Disorder in British Columbia, by Erica Clark, Jan Lutke, Patricia Minnes, and Helene Oullette-Kuntz. *Journal of FAS International* (2004). Available Online: http://www.motherisk.org/JFAS/pdf/Secondary_Disabilities_Adults.pdf

New Perspectives on Transitions & Fetal Alcohol Spectrum Disorders. Calgary Fetal Alcohol Network (2004). Available Online: http://www.calgaryfasd.com/files/fasd_final_report.pdf

Adults Living with FAS/E: Experiences and Support Issues in British Columbia. Rutman, D., La Berge, C. & Wheway, D. (2002). FAS Support Network of B.C, <http://www.fetalalcohol.com>

Justice

Fetal Alcohol Syndrome and the Criminal Justice System. Conry, J. and Fast, D. (2000). BC FAS Resource Society / Law Foundation of BC. Order form available: <http://www.asantecentre.org>

Fetal Alcohol Spectrum Disorder - A Need for a Closer Examination by the Criminal Justice System, by Timothy E. Moore PhD & Melvyn Green. *Clinical Reports* (2004). Available Online: <http://depts.washington.edu/fadu/legalissues/FASDCrimRep.pdf>

Fetal Alcohol Spectrum Disorder and the Youth Criminal Justice System: A Discussion Paper, by Paul Verbrugge. Department of Justice Canada: Youth Justice Research (October 2003).

Fetal Alcohol Spectrum Disorders and the Justice System" (Section 9); by H. Rae Mitten, LL.M - from the First Nations and Metis Justice Reform Commission Final Report, Volume II, January 2004. Available Online: <http://www.justicereformcomm.sk.ca/volume2/12section9.pdf>

Fetal Alcohol Spectrum Disorder - A Need for a Closer Examination by the Criminal Justice System, by Timothy E. Moore PhD. *Clinical Reports* (2004). Available Online: <http://depts.washington.edu/fadu/legalissues/FASDCrimRep.pdf>

Fetal Alcohol Syndrome: Implications for Correctional Services, by F. J. Boland et al. Correctional Service of Canada, Research Branch (July 1998). Available Online: <http://www.csc-scc.gc.ca/text/rsrch/reports/r71/er71.pdf>

Education

Making a Difference: Working with Students who have Fetal Alcohol Spectrum Disorder (Government of the Yukon)
http://www.education.gov.yk.ca/pdf/fasd_manual_2007.pdf

FASD RELATED RESOURCE LIST

Planning for Students with Fetal Alcohol Spectrum Disorder: A Guide for Educators, Saskatchewan Learning (2004). Available online:
http://www.sasklearning.gov.sk.ca/branches/curr/special_ed/docs/misc/fasd2004.pdf

Teaching Students with Fetal Alcohol Syndrome / Effects: A Resource Guide for Teachers. BC Ministry of Education (1996). Available Online: <http://www.bced.gov.bc.ca/specialed/fas/>

Teaching Students with Fetal Alcohol Spectrum Disorder: Building Strengths, Creating Hope (2004). Alberta Learning Special Program Branch. Available Online:
http://www.education.gov.ab.ca/k_12/specialneeds/fasd/fasd.pdf

Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1 - 12 A Resource for Teachers of Health and Life Skills, and Career and Life Management, by Alberta Learning, Special Programs Branch (2002). Available online:
http://www.education.gov.ab.ca/k_12/curriculum/bySubject/healthpls/fas.pdf

Towards Inclusion: Tapping Hidden Strengths, Planning for Students Who Are Alcohol-Affected, by Manitoba Education, Training and Youth (2001). Available online:
<http://www.edu.gov.mb.ca/ks4/specedu/fas/>

Tough Kids and Substance Abuse: A drug awareness program for children and adolescents with ARND, FAS, FAE, and cognitive disabilities. Addictions Foundation of Manitoba (2000). Website:
http://www.peacefactory.com/tough_kids/index.htm

Language Development:

Social Stories and Comic Strip Conversations: Teaching Social Understanding to Students with Autistic Spectrum Disorders - Workshop Materials. Gray, Carol. <http://www.thegraycentre.org>

Visual Strategies for Improving Communication: Volume 1: Practical Supports for Scholl and Home. Hodgson, Linda A. Quirk-Roberts Publishing.

Boardmaker. Mayer-Johnson, Inc. (2000) Solana Beach, CA: Mayer-Honson, Inc.
<http://www.mayer-johnson.com>

Orchestrating Academic Success. . Reithaug, Dawn. (1998) Stirling Head Enterprises. 5186 Alderfeild Place, West Vancouver, B.C. V7W 2W7.

Orchestrating Positive and Practical Behaviour Plans. Reithaug, Dawn. (1998) Stirling Head Enterprises. 5186 Alderfeild Place, West Vancouver, B.C., V7W 2W7.

Aboriginal

Aboriginal Approaches to Fetal Alcohol syndrome / Effects (2002). Ontario Federation of Indian Friendship Centres, <http://www.ofifc.org>. Available Online:
http://www.ofifc.org/page/FAS_MAG_ED1.pdf

FASD Toolkit for Aboriginal Families (2005), by Jennifer Wemigwans. Ontario Federation of Indian Friendship Centres. Available Online:
http://www.ofifc.org/ofifchome/page/Document/UP_FILE/2005091312710QTB.pdf

FASD RELATED RESOURCE LIST

It Takes a Community. A resource manual for community-based prevention of fetal alcohol syndrome and fetal alcohol effects. A Framework for the First nations and Inuit Fetal Alcohol Syndrome and Fetal Alcohol Effects Initiative. Minister of Public Works and Government Series, 1997-2001. Available Online: http://www.hc-sc.gc.ca/fnih-spni/alt_formats/fnihb-dgspni/pdf/pubs/preg-gros/2001_takes-prend-commun_e.pdf

Fetal Alcohol Syndrome Among Aboriginal People in Canada: Review and Analysis of the Intergenerational Links to Residential Schools. The Aboriginal Healing Foundation Research Series (2003). Available Online: http://www.ahf.ca/newsite/english/pdf/fetal_alcohol_syndrome.pdf

Other helpful topics

Ghosts from the Nursery: Tracing the roots of violence. Robin Karr-Morse (1999). Grove/Atlantic Inc. (available at most public libraries and book stores).

The Out of Sync Child: Recognizing and coping with sensory integration dysfunction. Carol Stock Kranowitz (1998). Berkley Publishing, NY. (available at most public libraries and book stores)

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children, by Ross W. Greene (2001). HarperCollins, NY. (available at most public libraries and book stores)

Raising a Sensory Smart Child: The definitive handbook for helping your child with sensory integration issues, by Lindsey Biel and Nancy Peske (2005). Penguin Books (available at most public libraries and book stores).

Videos/ DVD

Journey Through the Healing Circle. Video / Book Series by Robin LaDue and Carolyn Hartness. Order online at <http://www1.dshs.wa.gov/ca/Fosterparents/journey.asp>.

Fetal Alcohol Syndrome and the Criminal Justice System – A Video Series - Understanding the Offender with FAS. (2002-2004). The Asante Centre for Fetal Alcohol Syndrome, <http://www.asantecentre.org>

- Video 1: “Talking with Victor” (43 min.)
- Video 2: “A Judge’s Perspective - With Judge Cunliffe Barnett” (56 min).
- Video 3: “Mistakes I Have Made - With Lawyer David Boulding” (28 min.)

FAS: When the Children Grow Up. (2002). 40 min. Knowledge Network – B.C. Details about ShowTime’s and to watch a preview of the film:

<http://tvschedule.knowledgenetwork.ca/knsch/KNSeriesPage.jsp?seriesID=P50862&seriesTitle=f.a.s.:whenthechildrengrowup> (also available for purchase from the FAS Bookshelf)

David with F.A.S.(1997). 44 min 36 sec. National Film Board, <http://www.nfb.ca> (also available for purchase from the FAS Bookshelf or from most public libraries)

Recovering Hope: Mothers Speak Out About Fetal Alcohol Spectrum Disorders. Personal experiences, stories told by the birth mothers themselves. Available through SAMHSA’s National Clearinghouse for Alcohol and Drug Information, Order Item CR69. (800) 729-6686. Web: <http://store.health.org/catalog/productDetails.aspx?ProductID=17302>

FASD RELATED RESOURCE LIST

Websites:

The Asante Centre for Fetal Alcohol Syndrome: www.asantecentre.org
FASD Bookshelf: fasbookshelf.com
Better Endings New Beginnings: www.betterendings.org
Canadian Centre on Substance Abuse (CCSA): www.ccsa.ca
Calgary Fetal Alcohol Network: www.calgaryfasd.com
Cowichan Valley FAS Society: www.cvfasd.org/
FAS World: <http://www.fasworld.com/>
FASD Connections: Serving Adolescents and Adults with FASD: www.fasdconnections.ca
Fetal Alcohol and Drug Unit. University of Washington: <http://depts.washington.edu/fadu/>
National Organization on FAS (NOFAS): www.nofas.org
Ontario Justice Committee: <http://fasdjustice.on.ca/>
SAMHSA FASD Centre for Excellence: <http://fascentre.samhsa.gov/index.cfm>
Fetal Alcohol Support Network of Saskatchewan: www.skfasnetwork.ca/
Whitecrow Village www.whitecrowvillage.org/index.htm

To Find Additional Resources:

National Database of FASD and Substance Use During Pregnancy Resources:
<http://www.ccsa.ca/fas>

Directory of Fetal Alcohol Spectrum Disorder (FASD) Information and Support Services in Canada. Canadian Centre for Substance Abuse (CCSA), 2005. Available Online:
<http://www.ccsa.ca/CCSA/EN/Topics/Populations/FASD.htm>

Journal of FAS International. Available Online: <http://www.motherisk.org/JFAS>