

FASD RELATED RESOURCE LIST

Family Support

Living With FASD: A Guide for Parents. Graefe, S. ed. Society of Special Needs Adoptive Parents (SNAP). Purchase a copy by telephone (604) 687-3114.

Living With Prenatal Drug Exposure: A Guide for Parents. Cowan, L. and Cameron, E., (2003). Society of Special Needs Adoptive Parents (SNAP). Purchase a copy by telephone (604) 687-3114.

The Broken Cord. Dorris, M. (1989). Harper Collins & Row. (Available at most public libraries and book stores.)

Fantastic Antoine Succeeds: Experiences in Education Children with FAS. Kleinfeld, J. & Westcott, S. (1993). University of Alaska Press. (Available at most public libraries and book stores.)

Trying Differently Rather Than Harder. Malbin, D. (2002). Hazelden. Order Form Available: http://www.fascets.org/market_place.html

Trying Differently: A Guide for Daily Living and Working with FAS and other Brain Differences. 3rd Edition. Fetal Alcohol Syndrome Society Yukon (FASSY). (2005). FASSY, Box 31396 Whitehorse, Yukon Y1A 6K8, 1-867-393-4948 or email fascap@yknet.yk.ca.

Let's talk FASD: Parent Driven Best Practice Strategies in Caring for Children and Adults with FASD (2005). Victorian Order of Nurses VON Canada. Available Online: http://www.von.ca/FASD/fasdtool_fullproof2.pdf

Fetal Alcohol Syndrome: A Guide for Families and Communities. Streissguth, A. (1997). Paul Brookes, Order information at: <http://depts.washington.edu/fadu/> from the "publications" site.

FASD: Strategies Not Solutions. A strategies booklet to educate caregivers and the community in managing the behaviours associated with FASD; Region 6 FASD Committee, Alberta. Available Online: http://www.fasaware.co.uk/documentation_docs/strategies_not_solutions.pdf.

The Saskatchewan Fetal Alcohol Support Network FASD Tips Series. Some tip sheets are available online: www.skfasnetwork.ca under "network resources." Others can be obtained by contacting the SKFASN, toll free: 1-866-673-3276 or local (306) 975-0884.

Damaged Angels: a mother discovers the terrible cost of alcohol in pregnancy. Bonnie Buxton (2004). Knopf Canada. (Available at most public libraries and book stores.)

Parenting with FASD: Challenges, Strategies and Supports. University of Victoria and the FAS/FAE Network of BC (2005). Available for purchase at: <http://socialwork.uvic.ca/docs/research/parenting-w-fsd-flyer.pdf>.

Prevention

Fetal Alcohol Syndrome Prevention in Washington State: Evidence of Success, by Susan Astley. Paediatric and Perinatal Epidemiology (2004). Available Online: <http://depts.washington.edu/fasdpn/pdfs/success.pdf>

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Substance Abuse Related Special Needs in Canada: Best Practices for Prevention. Centre for Excellence for Children and Adolescents with Special Needs. Substance Abuse Task Force: University of Northern British Columbia (2003). Available Online:
<http://www.coespecialneeds.ca/PDF/SubstanceAbuse.pdf>.

Mother and Child Reunion: Preventing Fetal Alcohol Spectrum Disorder by Promoting Women's Health. BC Centre for Excellence for Women's Health, Policy Series. Available Online:
<http://www.cewh-cesf.ca/PDF/bccewh/FASbrief.pdf>

State of Evidence Review: FASD Prevention (2004), Alberta Children and Family Report. Available Online:
<http://www.uleth.ca/dspace/bitstream/10133/421/1/2004-FASD%20Report.pdf>

Nurturing Change: Working effectively with high risk women and affected children to prevent and reduce harms associated with FASD (2004). Mothercraft/Breaking the Cycle and Canadian Centre for Substance Abuse, ON. Available Online:
<http://www.mothercraft.ca/index.php?q=publications>.

The Word Is Out : FASD Educational Brochure for Youth. BC Society of Special Needs Adoptive Parents (2006). Available for purchase online at:
http://www.groundworkpress.com/snap/gp_bookcatalogue.php.

Is it Safe for My Baby? Risks and recommendations for the use of medication, alcohol, tobacco and other drugs during pregnancy and breastfeeding. Centre for Addiction and Mental Health (2007). Available online at:
http://www.camh.net/Publications/CAMH_Publications/is_it_safe_my_baby.html.

Diagnosis

Fetal Alcohol Spectrum Disorder: Canadian Guidelines for Diagnosis. Chudley, A., Conry J., Cook, J., Looock C., Rosales T., & LeBlanc N. (March 1, 2005). Canadian Medical Association Journal. Available Online: http://www.cmaj.ca/cgi/reprint/172/5_suppl/S1

Fetal Alcohol Syndrome: Diagnosis, Epidemiology, Prevention and Treatment. Stratton, K. et. al. (eds.). (1996). National Academy Press. Available for purchase at:
<http://www.nap.edu/books/0309052920/html/index.html>

Fetal Alcohol Spectrum Disorders: The 4 Digit Diagnostic Code; Third Edition; 2004 University of Washington FASDPN. Available Online: <http://depts.washington.edu/fasdpn/pdfs/guide2004.pdf>

Policy & Community Development

Community Action Guide: Working together for the prevention of Fetal Alcohol Syndrome. BCFAS Resource Society / BC Ministry for Children and Families (1998). Available online at:
<http://www.mcf.gov.bc.ca/fasd/pdf/guide.pdf>.

BC Government. *Fetal Alcohol Spectrum Disorder: Building on Strengths. A Provincial Plan for or British Columbia 2008 – 2018 (2007-2008).* Available Online:
http://www.mcf.gov.bc.ca/spec_needs/publications.htm.

FASD RELATED RESOURCE LIST

Health Canada. *Fetal Alcohol Spectrum Disorder: A Framework for Action*. (2003). Available Online <http://www.phac-aspc.gc.ca/publicat/fasd-fw-etcaf-ca/index-eng.php>

Adolescents and Adults with FASD

Fantastic Antone Grows Up: Adolescents and Adults with Fetal Alcohol Syndrome. Kleinfeld, J. (2000). University of Alaska Press. (Available at most public libraries and book stores.)

The Challenge of Fetal Alcohol Syndrome: Overcoming Secondary Disabilities. Streissguth, A. (1997). University of Washington Press. Available online at <http://depts.washington.edu/fadu/>, under "publications."

Secondary Disabilities Among Adults with Fetal Alcohol Spectrum Disorder in British Columbia, by Erica Clark, Jan Lutke, Patricia Minnes, and Helene Oullette-Kuntz. *Journal of FAS International* (2004). Available Online: http://www.motherisk.org/JFAS_documents/Secondary_Disabilities_Adults.pdf.

New Perspectives on Transitions & Fetal Alcohol Spectrum Disorders. Calgary Fetal Alcohol Network (2004). Available Online: http://www.calgaryfasd.com/files/fasd_final_report.pdf

Justice

Fetal Alcohol Syndrome and the Criminal Justice System. Conry, J. and Fast, D. (2000). BC FAS Resource Society / Law Foundation of BC. Order form available: <http://www.asantecentre.org> under "resources" then "store."

Fetal Alcohol Spectrum Disorder - A Need for a Closer Examination by the Criminal Justice System, by Timothy E. Moore PhD & Melvyn Green. *Clinical Reports* (2004). Available Online: <http://depts.washington.edu/fadu/legalissues/FASDCrimRep.pdf>

Fetal Alcohol Spectrum Disorder and the Youth Criminal Justice System: A Discussion Paper, by Paul Verbrugge. Department of Justice Canada: Youth Justice Research (October 2003). Available online: http://www.justice.gc.ca/eng/pi/rs/rep-rap/2003/rr03_yj6-rr03_jj6/rr03_yj6.pdf.

Fetal Alcohol Spectrum Disorders and the Justice System" (Section 9); by H. Rae Mitten, LL.M - from the First Nations and Metis Justice Reform Commission Final Report, Volume II, January 2004. Available Online: <http://www.justicereformcomm.sk.ca/volume2/12section9.pdf>

Fetal Alcohol Syndrome: Implications for Correctional Services, by F. J. Boland et al. Correctional Service of Canada, Research Branch (July 1998). Available Online: <http://www.csc-scc.gc.ca/text/rsrch/reports/r71/er71.pdf>

FASD and the Criminal Justice System: Are We Criminalizing Disability? Rutman, D., University of Victoria (2007). Available for purchase through Deborah Rutman at: 250-721-8202.

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Education

Planning for Students with Fetal Alcohol Spectrum Disorder: A Guide for Educators, Saskatchewan Learning (2004). Available online:
http://www.sasklearning.gov.sk.ca/branches/curr/special_ed/docs/misc/fasd2004.pdf

Teaching Students with Fetal Alcohol Syndrome / Effects: A Resource Guide for Teachers. BC Ministry of Education (1996). Available Online: <http://www.bced.gov.bc.ca/specialed/fas/>

Teaching Students with Fetal Alcohol Spectrum Disorder: Building Strengths, Creating Hope (2004). Alberta Learning Special Program Branch. Available Online:
<http://education.alberta.ca/teachers/resources/fasd.aspx>.

Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1 - 12 A Resource for Teachers of Health and Life Skills, and Career and Life Management, by Alberta Learning, Special Programs Branch (2002). Available online:
<http://education.alberta.ca/teachers/resources/fasd.aspx>.

Towards Inclusion: Tapping Hidden Strengths, Planning for Students Who Are Alcohol-Affected, by Manitoba Education, Training and Youth (2001). Available online:
<http://www.edu.gov.mb.ca/ks4/specedu/fas/>

Tough Kids and Substance Abuse: A drug awareness program for children and adolescents with ARND, FAS, FAE, and cognitive disabilities. Addictions Foundation of Manitoba (2000). Can be ordered from the website: http://www.peacefactory.com/tough_kids/index.htm

Fetal Alcohol Spectrum Disorders: Education and Prevention Curriculum. National Organization on Fetal Alcohol Syndrome (n.d.). Available for purchase online at: www.nofas.org.

Reach to Teach: Educating Elementary and Middle School Children with FASD. Centre for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration (2007). Available online at:
http://www.fasdcenter.samhsa.gov/documents/Reach_To_Teach_Final_011107.pdf.

Language Development:

Social Stories and Comic Strip Conversations: Teaching Social Understanding to Students with Autistic Spectrum Disorders - Workshop Materials. Gray, Carol.
<http://www.thegraycenter.org/store/index.cfm>.

Visual Strategies for Improving Communication: Volume 1: Practical Supports for School and Home. Hodgson, Linda A. Quirk-Roberts Publishing. Available for purchase at:
<http://www.usevisualstrategies.com/AutismProducts/AutismBooksbyLindaHodgson/VisualStrategiesImprovingCommunicationBook.aspx>.

Boardmaker. Mayer-Johnson, Inc. (2000) Solana Beach, CA: Mayer-Honson, Inc. Available for purchase at: <http://www.mayer-johnson.com>

Orchestrating Academic Success. Reithaug, Dawn. (1998) Stirling Head Enterprises. 5186 Alderfeild Place, West Vancouver, B.C. V7W 2W7. To order, contact Stirling Head Enterprises at Phone (604) 926-4714.

FASD RELATED RESOURCE LIST

Orchestrating Positive and Practical Behaviour Plans. Reithaug, Dawn. (1998) Stirling Head Enterprises. 5186 Alderfeild Place, West Vancouver, B.C., V7W 2W7. To order, contact Stirling Head Enterprises at Phone (604) 926-4714.

Aboriginal

Journey Through the Healing Circle. Washington State Department of Social and Health Services (n.d.). Available for purchase at: http://clearinghouse.adhl.org/resources/journey_brochure.html.

Aboriginal Approaches to Fetal Alcohol syndrome / Effects (2002). Ontario Federation of Indian Friendship Centres, <http://www.ofifc.org>. Available Online: http://www.ofifc.org/page/FAS_MAG_ED1.pdf

The Best Start in Life: What Youth Need to Know about Fetal Alcohol Spectrum Disorder. BC Aboriginal Child Care Society (2005). Available for purchase at: http://www.acc-society.bc.ca/files_new/web-fasd-program.html.

FASD Toolkit for Aboriginal Families. Ontario Federation of Indian Friendship Centres (2005). Available online at: <http://www.accel-capea.ca/pdf/FASDToolkit.pdf>.

Other helpful topics

Ghosts from the Nursery: Tracing the Roots of Violence. Robin Karr-Morse (1999). Grove/Atlantic Inc. Available at most public libraries and book stores.

The Out of Sync Child: Recognizing and coping with sensory integration dysfunction. Carol Stock Kranowitz (1998). Berkley Publishing, NY. Available for purchase at: <http://www.out-of-sync-child.com/>.

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children, by Ross W. Greene (2001). HarperCollins, NY. Available at most public libraries and book stores.

Raising a Sensory Smart Child: the definitive handbook for helping your child with sensory integration issues, by Lindsey Biel and Nancy Peske (2005). Penguin Books. Available for purchase at <http://sensorysmarts.com/>.

Videos/ DVD

FASD: Finding Hope. The Knowledge Network (2009). Available online at: <http://www.knowledgenetwork.ca/findinghope/index.html>.

Fetal Alcohol Syndrome and the Criminal Justice System – A Video Series - Understanding the Offender with FAS. (2002-2004). The Asante Centre for Fetal Alcohol Syndrome. Available for purchase at: <http://www.asantecentre.org>, under “resources” and “store.”

- Video 1: “Talking with Victor” (43 min.)
- Video 2: “A Judge’s Perspective - With Judge Cunliffe Barnett” (56 min.)
- Video 3: “Mistakes I Have Made - With Lawyer David Boulding” (28 min.)

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David with F.A.S. (1997). 44 min 36 sec. National Film Board, Available for purchase at: <http://www.onf-nfb.gc.ca/eng/collection/film/?id=33183>. Also available from most public libraries.

Recovering Hope: Mothers Speak Out About Fetal Alcohol Spectrum Disorders. Personal experiences, stories told by the birth mothers themselves. Available through SAMHSA's National Clearinghouse for Alcohol and Drug Information, Order Item CR69. (800) 729-6686. Also available for purchase online at: <http://ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=17302>.

FASD and Employment: Supporting Adults with FASD on the Job. Rutman, D., University of Victoria (n.d.). Available for purchase through Deborah Rutman at: 250-721-8202.

Websites:

The Asante Centre for Fetal Alcohol Syndrome: www.asantecentre.org
Better Endings New Beginnings: www.betterendings.org
British Columbia Centre of Excellence for Women's Health: <http://www.bccewh.bc.ca>
Canada Northwest FASD Research Network: <http://www.canfasd.ca>
Canadian Centre on Substance Abuse (CCSA): www.ccsa.ca
Canadian Northwest FASD Partnership: <http://www.cnfasdpartnership.ca/>
Calgary Fetal Alcohol Network: www.calgaryfasd.com
Cowichan Valley FAS Society: www.cvfasd.org/
FASD Connections: Serving Adolescents and Adults with FASD: www.fasdconnections.ca
FASD and the Justice System: <http://fasdjustice.on.ca/>
FASD Lane : <http://www.fasdlane.com/>
FASCETS: <http://www.fascets.org/index.html>
FASSTAR Entreprises : <http://www.come-over.to/fasstar.com/>
Fetal Alcohol and Drug Unit. University of Washington: <http://depts.washington.edu/fadu/>
Motherisk: <http://www.motherisk.org/women/index.jsp>
National Organization on FAS (NOFAS): www.nofas.org
Northern Family Health Society: <http://www.nfhs-pg.org>
Provincial Outreach Program for FASD: <http://www.fasdoutreach.ca/>
SAMHSA FASD Centre for Excellence: <http://fascenter.samhsa.gov/>
Fetal Alcohol Support Network of Saskatchewan: www.skfasnetwork.ca/
Whitecrow Village: www.whitecrowvillage.org/index.html

To Find Additional Resources:

FASD Resource Toolkit: Second Edition. Northern Family Health Society (2009). Available online at: <http://www.nfhs-pg.org/research/resourcecd.html>.

National Database of FASD and Substance Use During Pregnancy Resources:
<http://www.ccsa.ca/fas>

Directory of Fetal Alcohol Spectrum Disorder (FASD) Information and Support Services in Canada. Canadian Centre for Substance Abuse (CCSA), 2005. Available Online: http://www.faslink.org/ccsa_Directory_2005.pdf.

FASSTAR Entreprises Resource List: <http://www.come-over.to/FAS/faslinks.htm>

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