

**ADULT ASSESSMENT AND DIAGNOSTIC SERVICES**



**T H E A S A N T E C E N T R E**

for fetal alcohol syndrome

**SUPPORTING INDIVIDUALS & FAMILIES  
AFFECTED BY FETAL ALCOHOL  
SPECTRUM DISORDER**

**The Asante Centre for Fetal Alcohol Syndrome**

Address: #103—22356 McIntosh Avenue, Maple Ridge, BC V2X 3C1

Website: [www.asantecentre.org](http://www.asantecentre.org)

Phone: 604-467-7101 Fax: 604-467-7102

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# The Benefits of Receiving an Adult FASD Assessment and Diagnosis

## Why get an assessment?

- **To get to know yourself better**

All people have strengths and weaknesses. A full assessment looks at all areas of functioning.

Learning about your own strengths and weaknesses helps you to focus on things you are good at, and to ask for help when you need it. It also gives people who want to help you a better idea of what to do.

- **To access services that can help you**

An assessment may help you access services in your community that best meet your needs.

- **To answer your questions**

An assessment helps you understand more about yourself. If you are wondering why you have challenges in some areas of life (i.e., school, work, and relationships), the assessment helps answer your questions.

- **To let others know more about you**

An assessment helps others know the best way to support you.

People who support you should be encouraged to learn more about your strengths and challenges. You can teach them what you have learned about yourself or direct them to resources that may help them to learn more about FASD.



# What is Involved in an Adult Assessment?

## How do I make a referral?

If you are interested in a diagnosis you can contact the Asante Centre to make a referral. You will speak to the Family Nurse Clinician or Family Support Worker who can help you gather information and direct you to resources.

*Phone number: 604-467-7101*

## What documents do I need?

In order to start an assessment the Asante Centre will need to review information about you, your health, your school experiences and any past assessments.

*Documents required include:*

- *Birth records*
- *Medical records*
- *School Records*
- *Past assessments*
- *Confirmation of alcohol use by mother*

After all of the documents have been gathered an appointment will be scheduled.

## Where does the assessment happen?

The Asante Centre is located in Maple Ridge, B.C.

## How much does an assessment cost?

There is a cost for an assessment. You will need to talk to the Asante Centre to find out how much your assessment will cost.

## How long does the assessment take?

The full assessment and consultation takes one and a half to two days to complete and involves the following:

### 1. Medical Assessment

A medical doctor will complete a medical assessment. He/She will measure your eyes and other facial features. Your fine motor skills (how you hold your pencil), gross motor skills (how you walk), reflexes, height, weight, and hearing will also be tested.

### 2. Psychology Assessment

A psychologist will see how your brain works. The psychologist tests your memory, problem-solving skills, academic abilities and cognitive abilities.

### 3. Speech and Language Assessment

A speech-language pathologist will see how you communicate. The speech-language pathologist tests your understanding and use of language and speech sounds.

### 4. Interviews

The team will interview you, other people that know you well, and those supporting you to learn about your needs.



# What Happens After the Assessment?

## Conference

You and the people who support you (which could include your family) will meet with the Asante Centre team to talk about the results of the assessment. All of the test results will be shared at this time, including the medical, psychology and speech-language testing. The final diagnosis is also shared and discussed.

Your needs and interests will be considered. Together we will make a list of recommendations. These recommendations give people guidelines for helping you.

## Report

The Asante Centre team will write a report that includes the diagnosis, test results, and recommendations.

*The report will be sent out some time after the assessment is completed.*

## Support Services

After the assessment and sharing of results, the family support worker will be available to help you and your support people follow the recommendations and find the services that you need.

You and your support people can talk to the family support worker on the phone. Site visits are also possible.

Counselling and speech-language services are also available through the Asante Centre at a cost. Bursaries may be available.

*There is a fee for the assessment and diagnostic services at the Asante Centre.*

Please contact the Asante Centre if you have any questions, concerns, or to book an appointment.

## CONTACT US!

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