



The Asante Centre – FASD Resources (February 2024)

Name of Resource	Description	Website
FASD and disability specific supports		
FASD Key Worker Program	This program provides individualized support for families of children with diagnosed and undiagnosed FASD, or other complex neurodevelopmental needs. Age range of eligible clients depends on geographical location and local hosting agency.	BC Government page on FASD
Whitecrow Village	Whitecrow Village offers trainings as well as weeklong L.I.F.E. sessions, which are summer camp-like experiences where attendees learn about FASD and experience immersion in an inclusive community.	https://www.whitecrowvillage.org/
CanFASD	A national organization with a focus on FASD research. A great source of evidence-based information on FASD, including online trainings.	https://canfasd.ca/
FASD Institute	Natascha Lawrence and her team offer FASD-informed counselling services, and a great knowledge of how to navigate the school system. Based in Vancouver, but offer virtual options.	https://fasdcounselling.com/
Family Support Institute	FSI offers support in many forms to parents of individuals with disabilities. One on one peer mentorship is offered, as well as a weekly FASD-focused Zoom group.	https://familysupportbc.com/
CYSN	Provincial source for services for children with support needs. The Key Worker program is housed in this department.	BC Government page for CYSN
Inclusion BC	A provincial non-profit that advocates for the rights of people with intellectual disabilities, with a focus on employment services.	https://inclusionbc.org/
Indigenous Disability Canada	This organization supports self-identified Indigenous clients who also self-identify as having a disability of any kind. Individuals are assigned a case manager, who can offer tailored supports, including accessing housing resources, funding for medical needs or equipment, mental health resources, and other advocacy. Clients can be of any age, and files never close, as the program has no set duration.	https://www.bcands.bc.ca/

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BC Education Access	This organization offers advocacy services for families of students with disabilities, focusing on fighting for equitable access to education in the province. They offer in person support at IEP meetings for parents.	BC Education Access
General Family and Mental Health supports		
Fraser River Indigenous Society	This program offers programs and services for Indigenous children, youth and families in the Maple Ridge/Pitt Meadows area.	https://www.frisociety.ca/
Westcoast Family Centres	These family resource centres in Vancouver, Tri-Cities, North Shore and Ridge Meadows offer a variety of services at each site, including parenting groups, family preservation services, and Early Years programs.	https://westcoastfamily.org/
Child and Youth Mental Health	CYMH offers mental health support for children and youth across the province, based out of centralized clinics.	CYMH BC Government site
A Child's Song	Trauma therapists specializing in attachment, adoption, and foster care. Physical offices in Victoria and Surrey, online resources on website.	https://achildssong.ca/
The Kelty Centre	Mental health centre based out of BC Children's Hospital. Primarily offers system navigation, peer support and resources.	https://keltymentalhealth.ca/
Confident Parents Thriving Kids	A program run by CMHA (Canadian Mental Health Association) that offers help for parents of children with anxiety and/or behavioural challenges. Requires the referral of a health professional for access.	https://welcome.cmhacptk.ca/
FamilySmart	Primarily offers peer support for parents, but without a disability focus, as well as virtual resources and workshops	https://familysmart.ca/
Online Resources and trainings		
Fasd.me	UK based website, designed for kids and teens, all about FASD.	https://fasd.me/
CanFASD trainings	CanFASD offers free and paid trainings, with courses designed for professionals in different fields, as well as providing foundational skills.	https://canfasd.ca/online-learners/
FASD Ontario trainings	FASD Ontario and HealthNexus collaboratively offer an excellent free training.	https://training.fasdinfotsaf.ca/

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