

DISCUSSION GUIDE

COMMUNICATION BREAKDOWNS



https://youtu.be/C-0cL9UAq_U

Instead of punishing people, meet them with compassion & informed understanding

- 1)** After watching the video and learning about various ways individuals may struggle with communication, what barriers might impact your ability to communicate clearly with others?
- 2)** Do you use jargon or sarcasm when interacting with others? How can you know if a person truly understands your intended message?
- 3)** In an effort to expand your communication skills, identify what you find most difficult/annoying about communicating with others. (e.g., soft volume, disrespect, language barrier, 1-word responses, talking non-stop, etc.)
- 4)** What other ways can you improve communication when working with someone with FASD? (e.g., eliminate distractions, ask for clarification, repeat back to make sure you understood them, use plain language, etc.)



In collaboration with
Lethbridge Police



THE ASANTE CENTRE

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