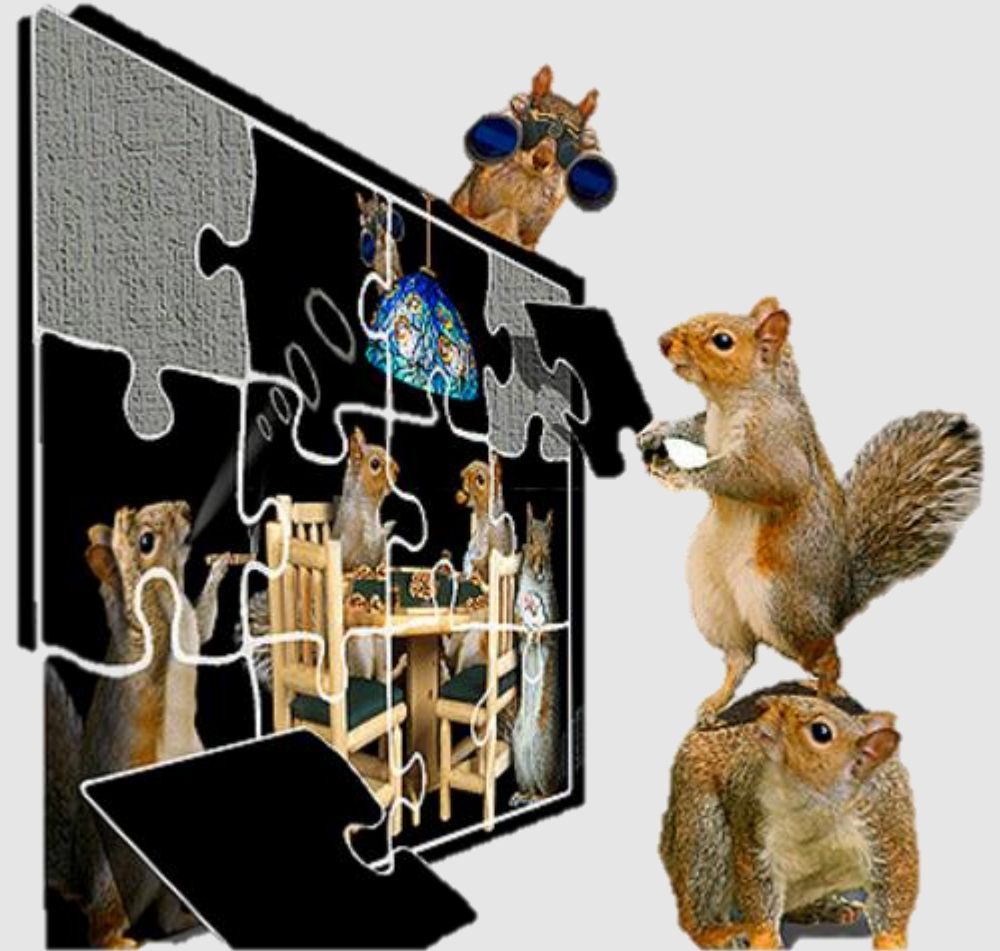


## MAKING AN IMPACT

Before you settle in and unpack, please find a seat at a table with people you don't know or spend a lot of time with!

(This will make group activities more interesting.)



# MAKING AN IMPACT

**PRESENTED BY**

**Paul Thompson and Glenda Jansen, FASD Navigators**




CONTACT INFO: [FASDnav@gmail.com](mailto:FASDnav@gmail.com)

- Please put 'Paul' or 'Glenda' in the subject line.

# LEARNING OBJECTIVES

- To gain an understanding of person centered support
- To realize how crucial your role is
- To rethink how to have a lasting impact





What  
challenges do  
individuals  
face?

## CHALLENGES

1. Challenges for individuals?
2. What are the reasons for those challenges?

Everyone's input is invaluable as we each come with our own experiences.



## NEEDS / SUPPORTS

# PRIMARY IMPACTS


- difficulty with receptive language
- auditory processing difficulties
- impaired memory
- difficulty linking cause and effect
- impaired adaptive functioning
- difficulty with time and money
- developmental lag



# SECONDARY IMPACTS

- easily fatigued
- prone to anger and frustration
- subject to victimization
- trouble with the law
- issues with drug and alcohol abuse
- struggles with mental health
- may experience homelessness



A photograph showing a person's leg in a white sneaker, held up by several hands of different skin tones. The hands are wrapped around the leg, providing support. The person is wearing a white lace-trimmed sock and a white shirt cuff with two gold buttons is visible. The background is a blurred outdoor scene with trees and a clear sky.


What is the  
right kind of  
support?



THIS IS WHAT  
YOU'RE GOING  
TO DO.....

How do I tell him  
that I can't do  
that!?!?!?!?!?!?

TRADITIONAL  
SUPPORT

A photograph of a weathered wooden door set within a rough-hewn stone wall. The door is slightly ajar, revealing a bright green lawn and some foliage outside. A red and white 'No entry' sign is posted on the door. The sign features a black silhouette of a person walking, crossed out by a red circle with a diagonal slash, and the words 'No entry' in white text on a red background.

Old ways won't  
open new doors.

Author Unknown



# CHALLENGES

# NEEDS / SUPPORTS

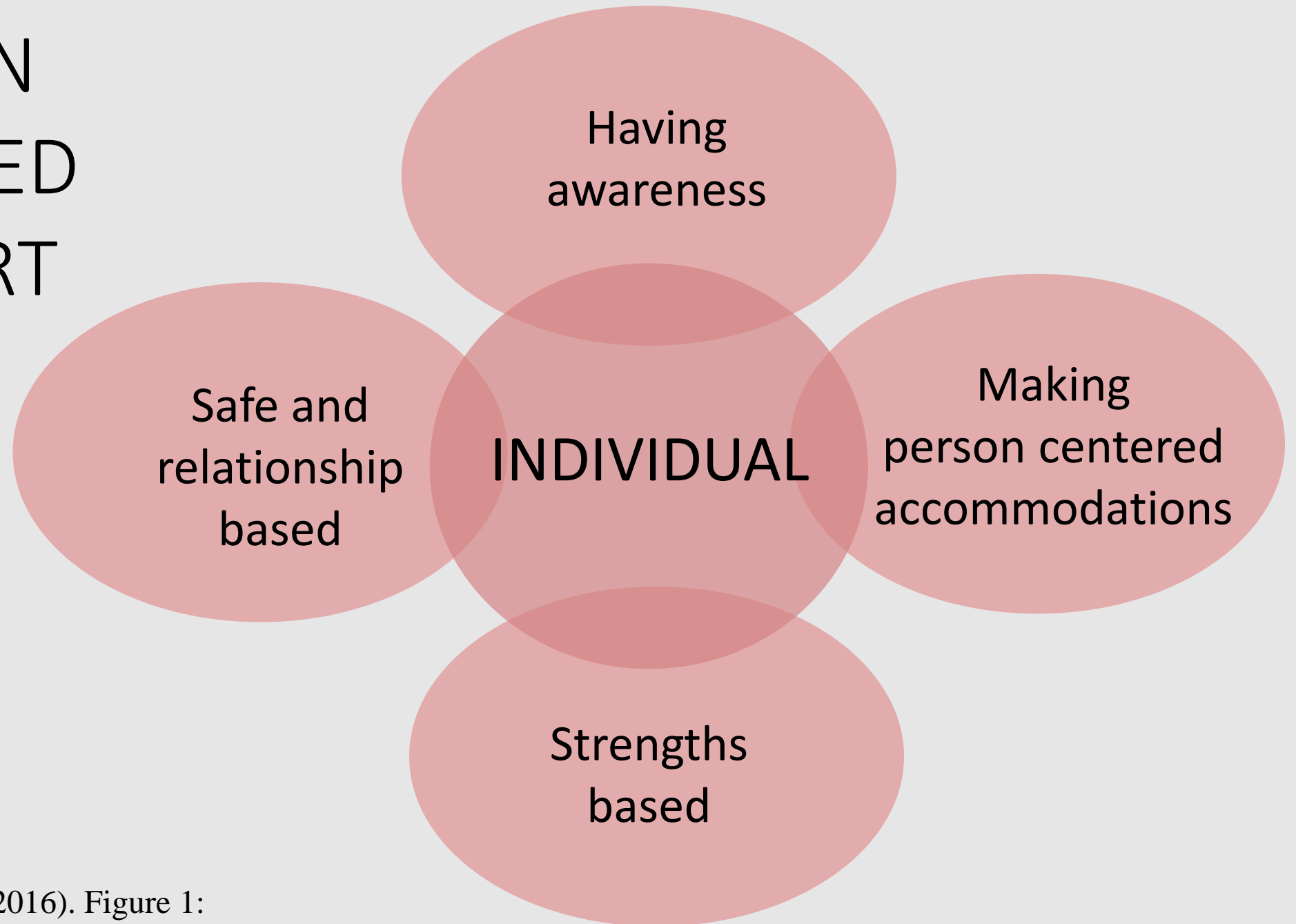
MAKING



AN IMPACT

1. What do individuals need to achieve positive outcomes?
2. What can you do to support the individual in meeting these needs?

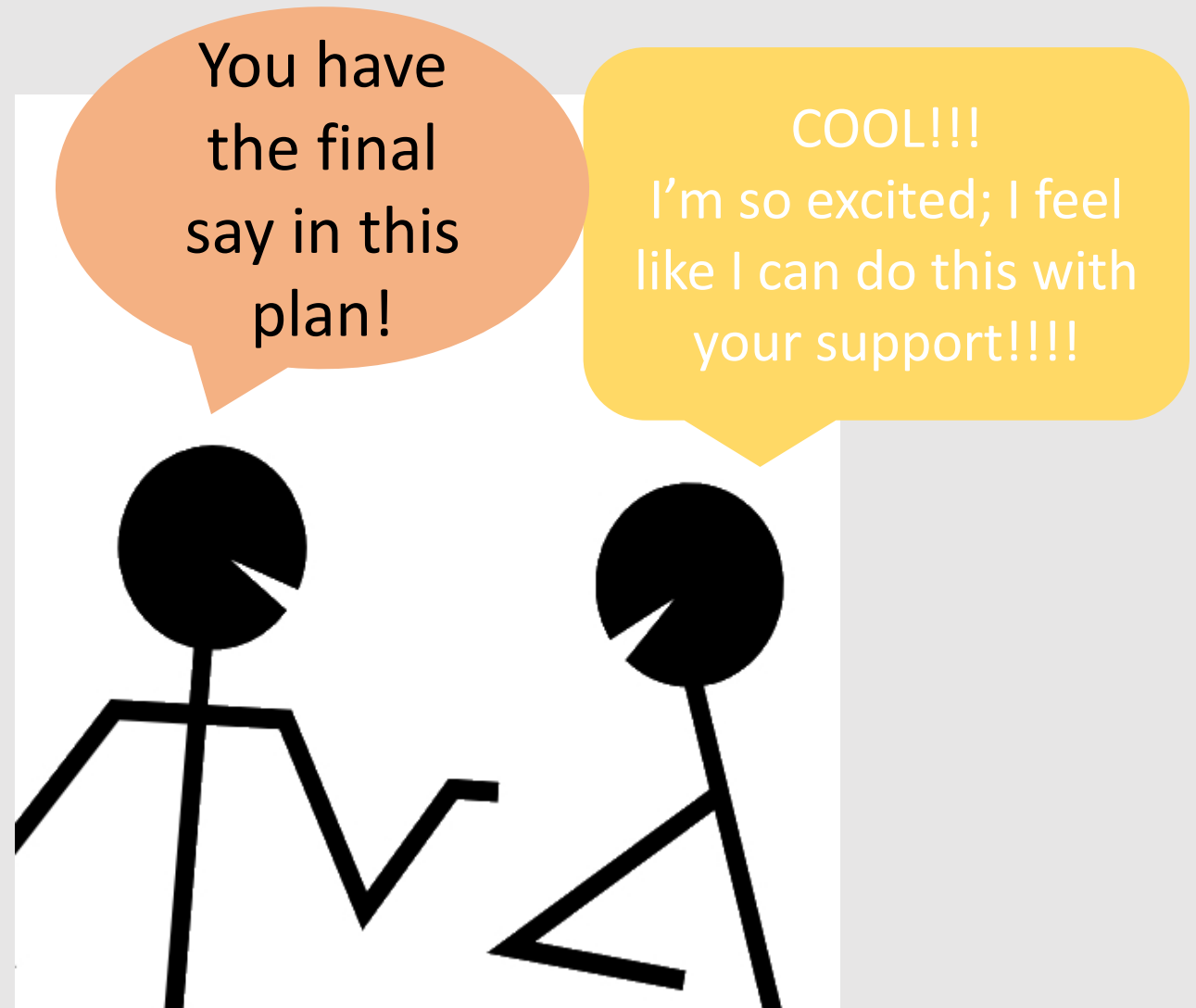
# PERSON CENTERED SUPPORT



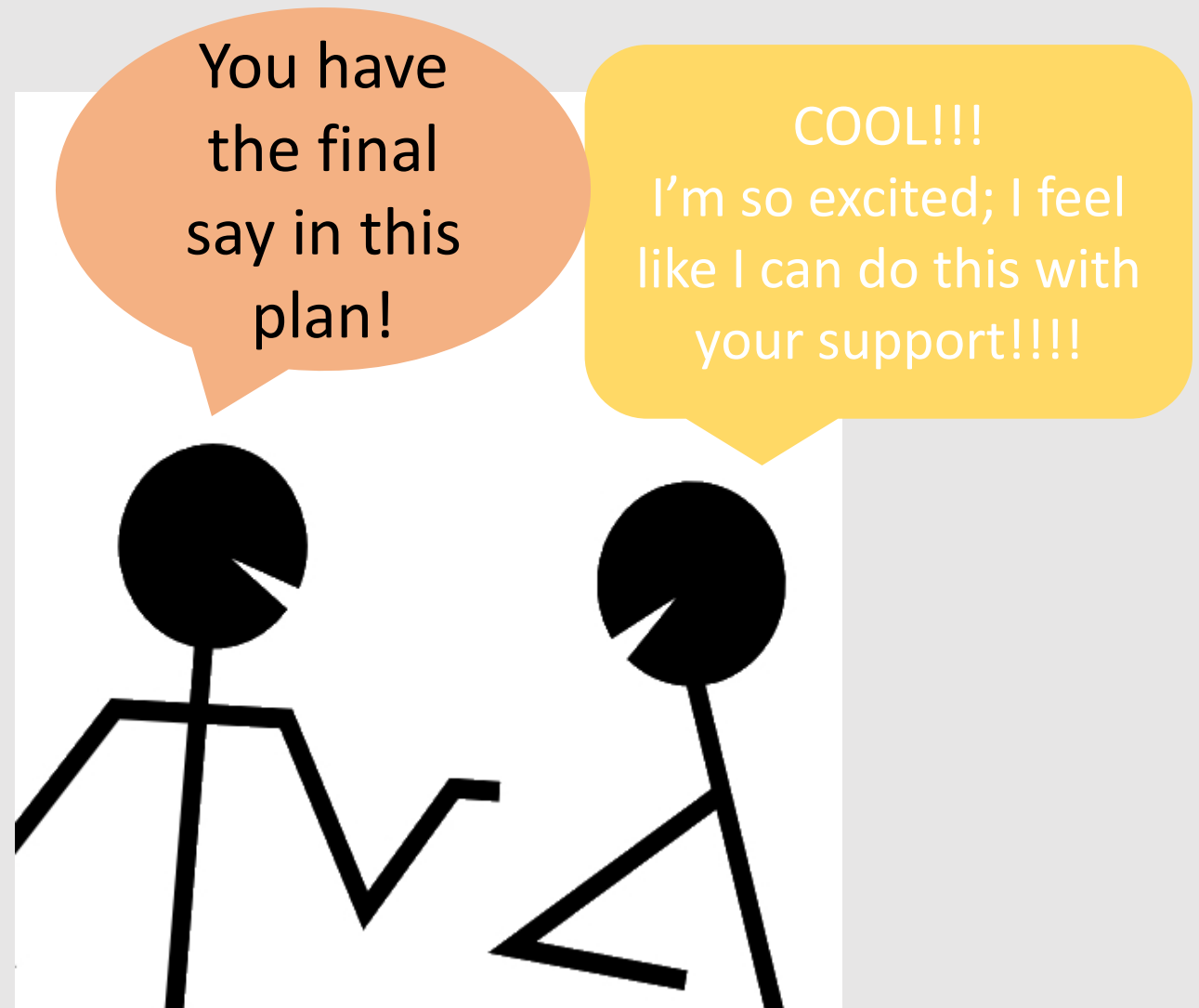
Adapted from Rutman. D. (2016). Figure 1:  
Principles of an FASD-informed approach.



# PERSON CENTERED SUPPORT



# PERSON CENTERED SUPPORT











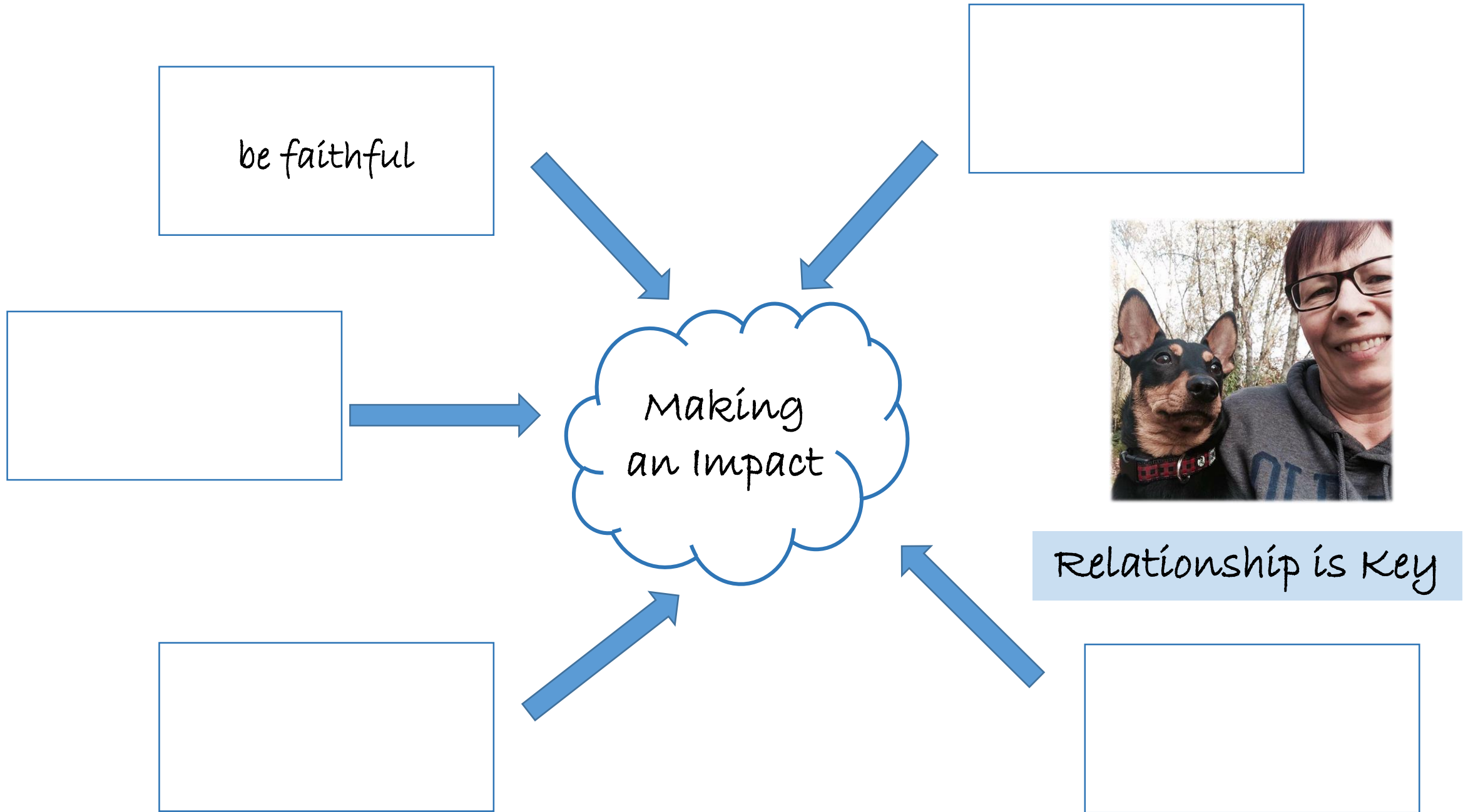
cares  
unconditionally



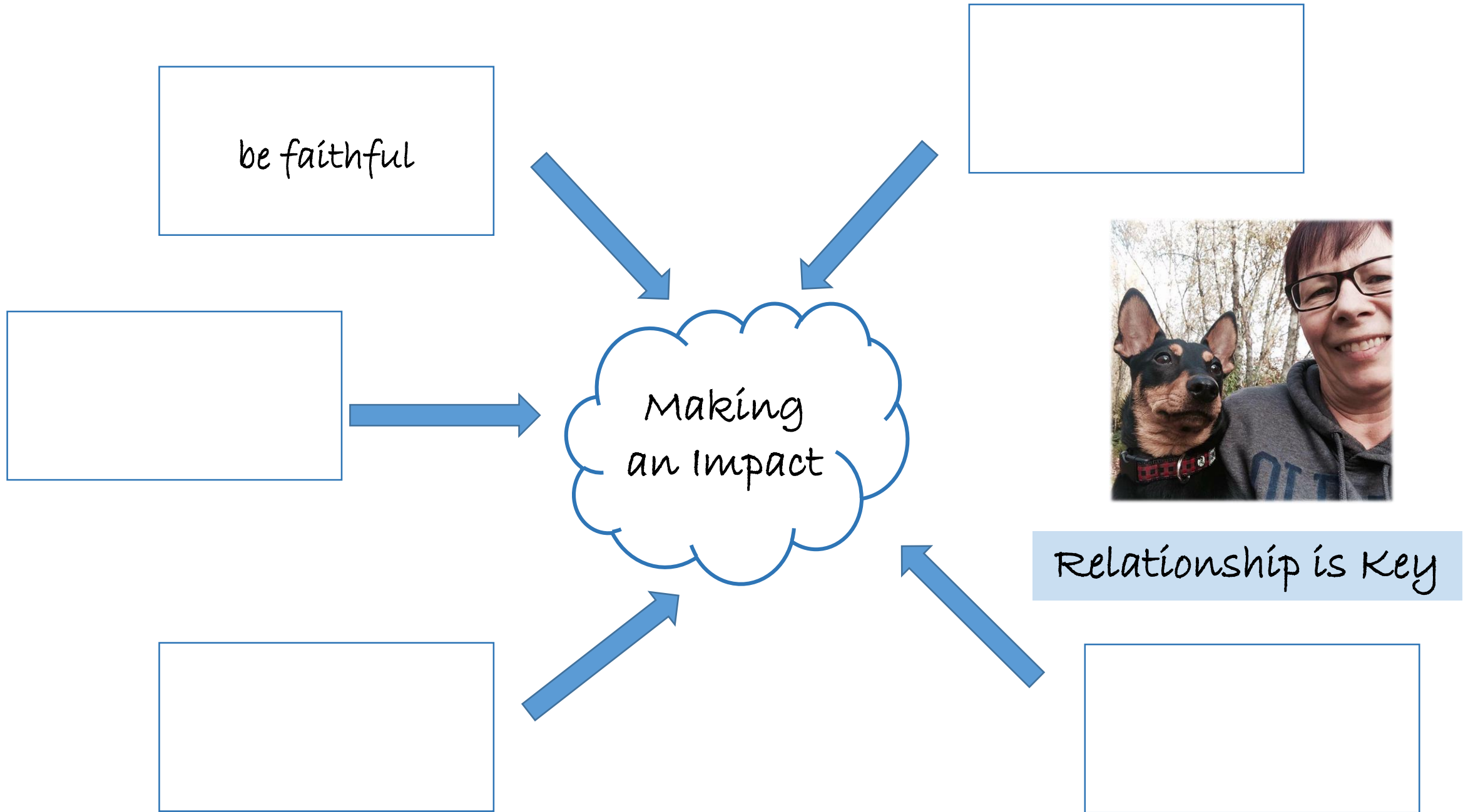
RELATIONSHIP IS  
KEY

Making  
an Impact









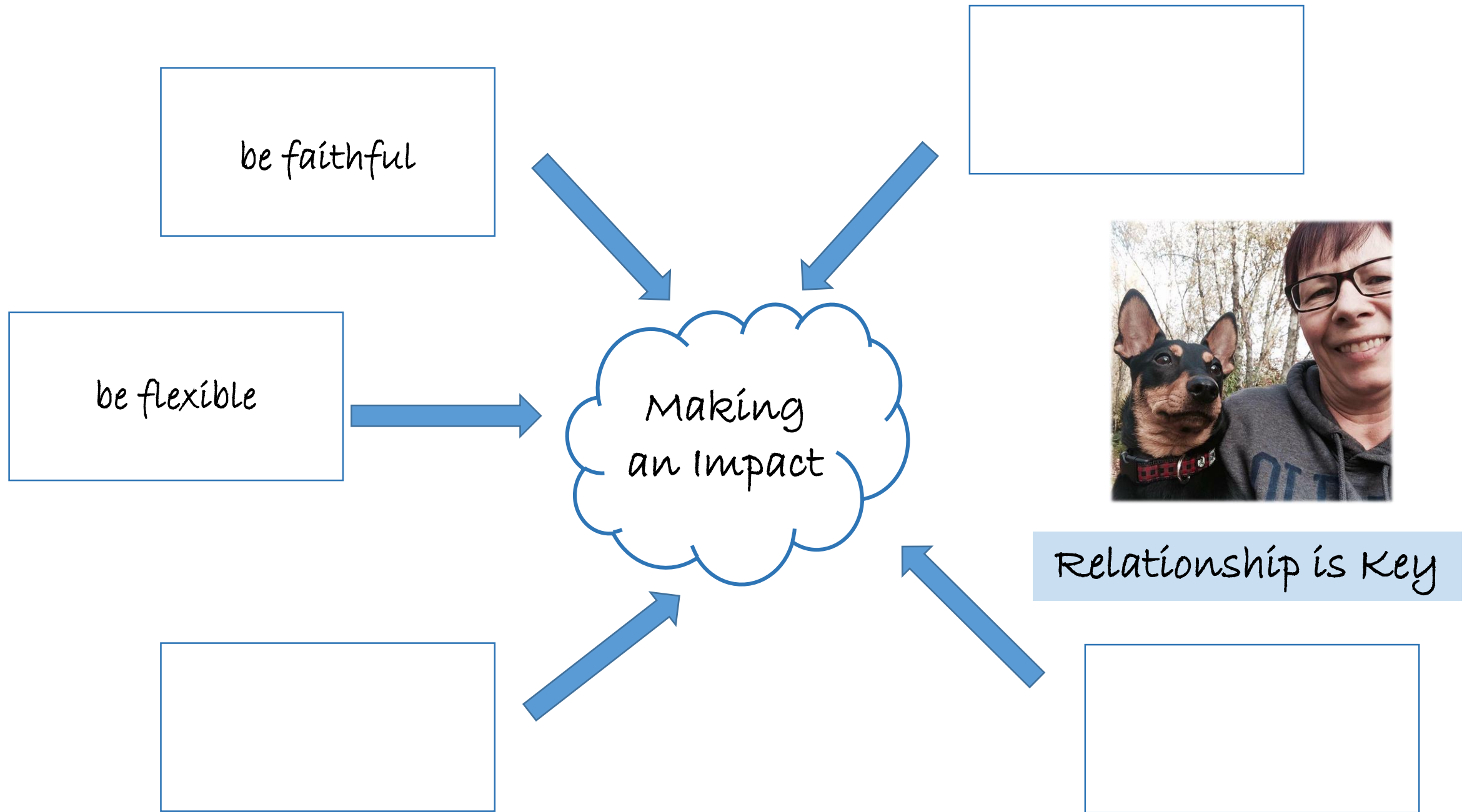
cares  
unconditionally



RELATIONSHIP IS  
KEY

listens

Making  
an Impact



cares  
unconditionally



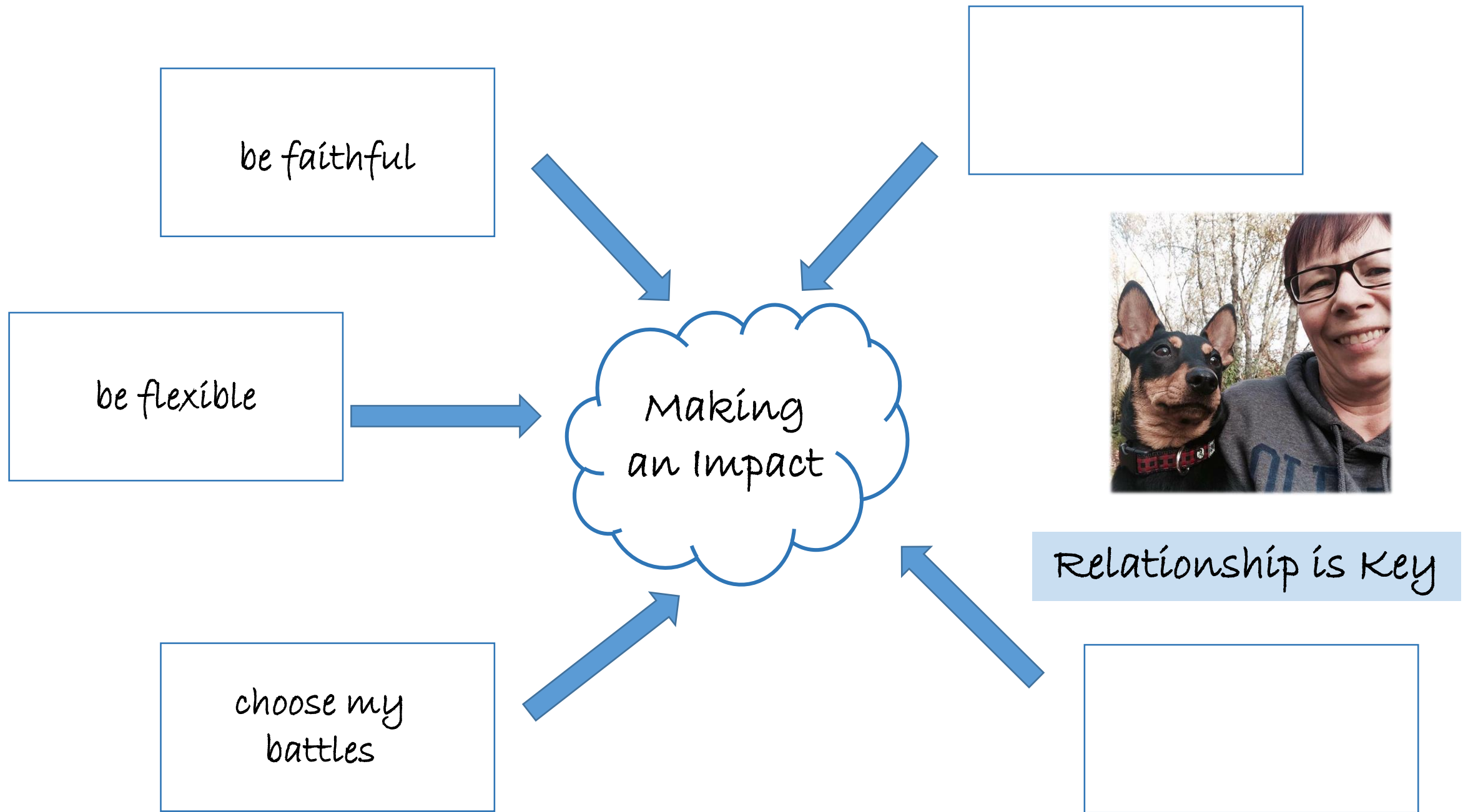
RELATIONSHIP IS  
KEY

listens

honest

Making  
an Impact





cares  
unconditionally



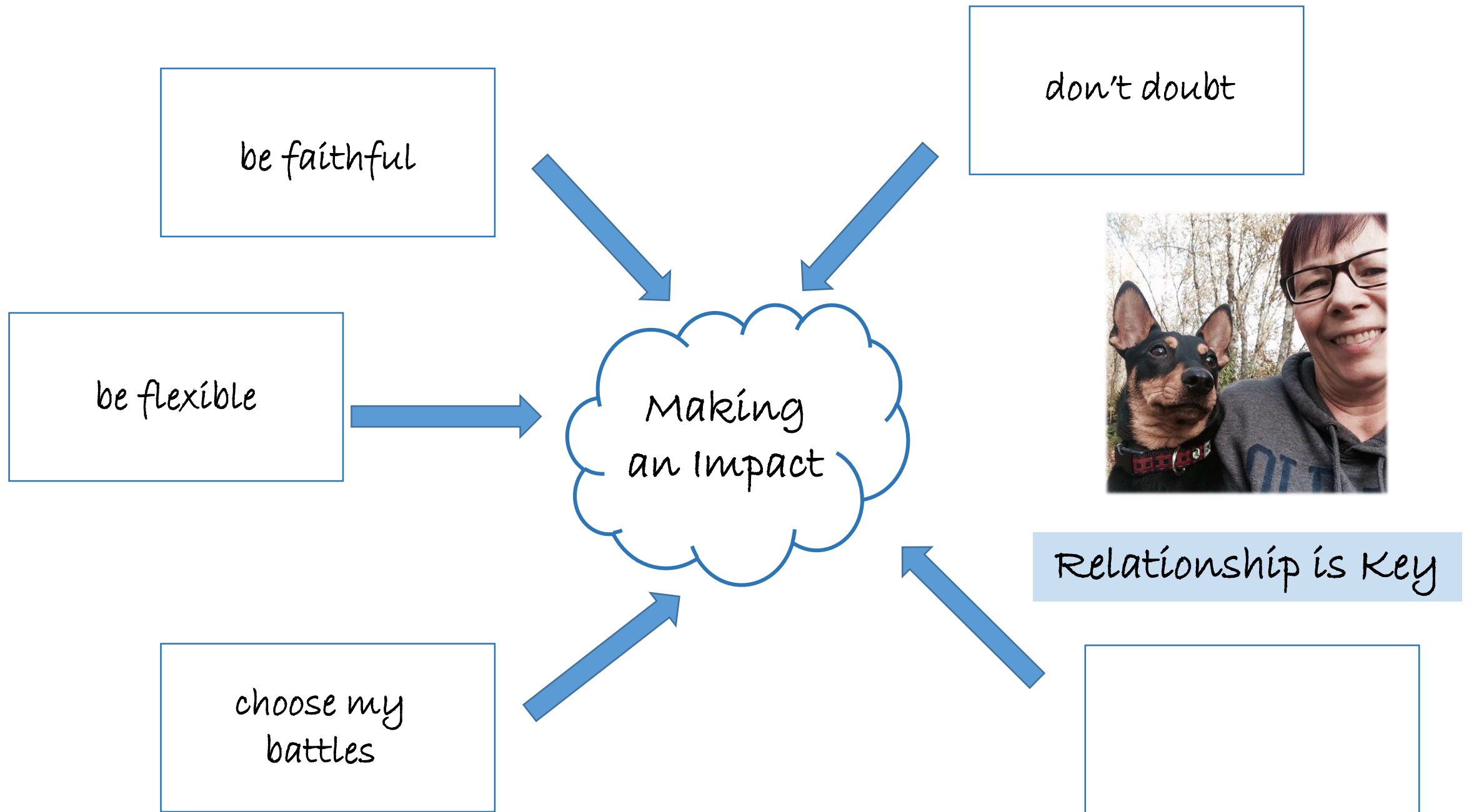
RELATIONSHIP IS  
KEY

listens

honest

works with me

Making  
an Impact



cares  
unconditionally



RELATIONSHIP IS  
KEY

having an advocate

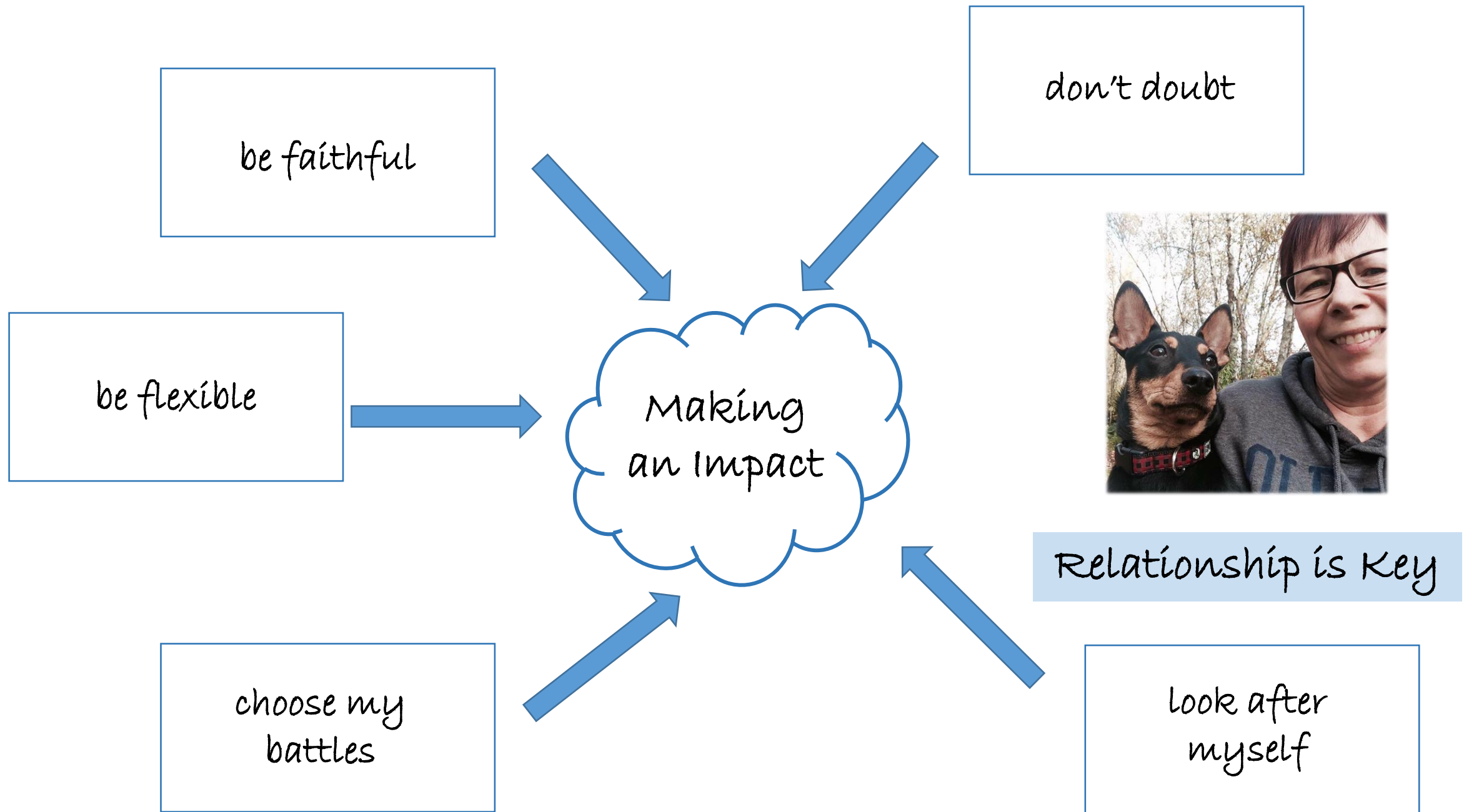
Making  
an Impact

listens

honest

works with me





“I alone cannot change the world, but I can cast a stone across the water to make many ripples.”

(Mother Theresa)



## **SOURCES**

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## References

Badry, D., PhD, & Bradshaw, C., PhD. (2011). *Assessment and diagnosis of FASD among adults: A national and international systematic review*. (pp. 1-76) (Public Health Agency of Canada). Retrieved March 13, 2018, from <http://bit.ly/2FKAUST>.

John Howard Society of Ontario. (2012, October 26). *Client-centered case management: benefits and outcomes of individualized care* [Fact sheet #27]. Retrieved March 13, 2018, from <http://bit.ly/2DmMLkI>.

Rutman, D. (January, 2011). *Substance Using Women with FASD and FASD Prevention. Voices of Women with FASD: Promising Approaches in Substance Use Treatment and Care*. (pp. 1-44) Victoria, BC: University of Victoria. Retrieved March 13, 2018, from <http://bit.ly/2FSrVPD>.

Rutman, D. (8 May, 2016). Becoming FASD informed: Strengthening practice and programs working with women with FASD. *Substance abuse: Research and treatment*, 10, suppl1, 13-20. Retrieved March 13, 2018, from <http://bit.ly/2p7ZH9J>. [doi:10.4137/SART.S34543]

## **References cont.**

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# A bit of inspirational video



Pioneering Leadership: First Follower  
Principle

Posted by nanoKnowledge (2014)

<https://www.youtube.com/watch?v=3EKAxQbYA9U>

Original & narration by Derek Sivers  
(2010)

First Follower: Leadership Lessons from  
Dancing Guy

<https://www.youtube.com/watch?v=fW8amMCVAJQ>

Thank you for being with us today and before you leave we kindly ask that you take the time to fill out a session evaluation form for our workshop.

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**Additional copies of the workshop participation certificate may be downloaded from <http://bit.ly/2JIObu2> .**

For FASD resources we use in other workshops, please go to <http://bit.ly/2qvL7so>.